

HELENSBURGH AMATUER SWIMMING CLUB

RISK ASSESSMENT



Date Assessment carried out:		23rd August 2021	Task/Activity being assessed:	Covid-19 Activity Swimming	
Assessment carried out by:		Alex McEwan – President Gemma Peace – Vice President & CLM	Task/Activity area location	6x25m training pool	
Signature:			Assessment Review Date:	30th September 2021	
What is the Hazard	Who might be harmed	Risk rating before controls	Controls Considered	Risk rating after controls	Actioned by
Facility Entrance and Reception Area	Athletes Parents/Guardians Coaches Volunteers	High	<ul style="list-style-type: none"> • Follow social distancing guidance in the pool facility • Swimmers to check in with CLO or coach on arrival • Information given to parents of protocols • Parents/Guardians not permitted in the building during the session unless with prior agreement • All swimmers aged 5+ MUST wear a face covering when in the facility until poolside. 	Medium	Club Committee & Facilities operator

Session Times	Athletes Coaches Volunteers Members of the Public	High	<ul style="list-style-type: none"> • A timetable will be sent out to parents in advance • Some sessions maybe shared with members of the public. They will have separate lanes and club swimmers will breathe to the opposite side from the occupied lane • Coaches to keep a list of who swam in which lane for Test & Protect 	Medium	Club Committee Coaches Duty Manager Other Staff
Changing Rooms	Athletes Coaches Volunteers Members of the Public	High	<ul style="list-style-type: none"> • Swimmers to arrive in costume ready to swim • Changing rooms and lockers can be used • Swimmers should minimise chatting in the changing area and poolside. • The showers are available for use but swimmers should be encouraged not to spend too long to avoid unnecessary close contact • When sharing the pool with members of the public the facilities operator will have staff in the changing village to help with crowd control and safety procedures 	Medium	Club Committee & Facilities operator Other Staff
Poolside	Athletes Coaches Volunteers	High	<ul style="list-style-type: none"> • Physical distancing guidance to be followed • Coaches and any poolside helpers must always wear face coverings whilst in the building and during the session. • Coaches Must maintain 2m distancing from each other where possible 	Medium	Lead Coach Duty Manager Other staff

During Activity	Athletes	High	<ul style="list-style-type: none"> • Appropriate training to achieve physical distancing protocols. Social distancing should be encouraged during land training exercise. • Use snorkels in line with SASA guidance. 	Medium	Lead Coach Duty Manager Other Staff
Hygiene Measures	Athletes Coaches Volunteers	High	<ul style="list-style-type: none"> • Hands Sanitised on arrival at the pool • Appropriate handwashing during bathroom breaks • Covid-19 rules communicated to all members in advanced 	Medium	Club Committee Covid Officer Facilities Operator
Equipment	Athletes Coaches	High	<ul style="list-style-type: none"> • All equipment in kit bag must be labelled • Bring own water bottle – Labelled • Do not share any kit or equipment • Any equipment used poolside must be cleaned using antibacterial wipes or spray after use. • Diving Blocks to be cleaned with antibacterial wipes and spray before and after the session when used. 	Medium	Lead Coach Duty Manger Other Staff
Someone becomes unwell during the session	Athletes Coaches Volunteers	Low	<ul style="list-style-type: none"> • Isolate individual in first aid room • Contact parent/guardian • Use appropriate PPE 	Low	Covid Officer Facilities Officer/lifeguard
Leaving at the end of the session	Athletes Parents/Guardians Coaches Volunteers Members of the public	High	<ul style="list-style-type: none"> • Club will stagger lane exit to minimise numbers of people in the changing rooms especially of the sessions shared with members of the public • Do not use the showers • Follow one-way system into changing rooms 	Medium	Committee Members Covid Liaison Officer Facilities Operator

			<ul style="list-style-type: none"> • Where possible put clothing on over costume and leave through the café area • Only use designated changing rooms • Sign out with the CLO or coach • Sanitise hands on departure 		
Procedure in the event the club is contacted regarding a positive case of Covid 19	Athletes Coaches Volunteers Pool Staff Members of the public	Medium	<ul style="list-style-type: none"> • Report the details to the CLM • CLM must contact the President or Vice President of the club • Coaches to give details of who might be affected • Liaise with the membership officer and WPO • Notify any swimmers/coaches involved • CLM to the pool facility and Test and Protect 	Medium	CLM President Vice President Coaches Membership WPO
H.A.S.C future, Closure to drop in swimmer numbers	Athletes Coaches Volunteers	Medium	<ul style="list-style-type: none"> • Maintain clear communication • Nurture relationship with members • Prepare for second wave of Covid -19 • Follow SASA guidance • Invest in training for volunteers • Provide an excellent service • Monitor fees to keep club viable • Creation of Covid Team CLM, CLO's to keep club compliant/ up to date • All required volunteer's PVG's/SASA membership • Regular committee meetings for club management. 	Medium	Club Committee