

HELENSBURGH AMATUER SWIMMING CLUB

RISK ASSESSMENT



Date Assessment carried out:		25th April 2021	Task/Activity being assessed:		Covid-19 Activity Outdoor Land Training
Assessment carried out by:		Alex McEwan – President Gemma Peace – Vice President	Task/Activity area location		Grass Area next to Lomond Sports Hall
Signature:		G. Peace	Assessment Review Date:		24th May 2021
What is the Hazard	Who might be harmed	Risk rating before controls	Controls Considered	Risk rating after controls	Actioned by
Numbers Attending Land Training Session	Athletes, Coaches & Parents	Medium	<ul style="list-style-type: none"> • 30 Under 12s and coaches is the maximum number that can attend the land training session. • Over 12s /adults a maximum number of 15 can attend including coaches. • Athletes must sign up before attending the session. 	Low	Land Training Coach Committee
Health Declaration	Athletes, Coaches & Volunteers	Medium	<ul style="list-style-type: none"> • All athletes, coaches and volunteers attending the land training session must complete the health declaration before attending. 	Low	Land Training Coach
Arrival at the Training Ground	Athletes, Coaches, Volunteers & Parents	Medium	<ul style="list-style-type: none"> • All athletes will arrive at the main car park at the sports hall and sign in with the CLO, they will then be directed to the area where the session will take place 	Low	CLO Coach Committee

Equipment	Athletes, Coaches & Volunteers	Medium	<ul style="list-style-type: none"> • Athletes should bring their own equipment and should not share it. It should be cleaned before and after use. Details of what equipment is required will be shared with participants before the session. • Athletes should bring their own labelled water bottle. • Coach/CLO Must have a First Aid Kit and appropriate PPE. • Emergency contact details must be available to the coach or CLO during the session. 	Low	Coach CLO Committee
Social Distancing	Athletes, Coaches & Volunteers	Medium	<ul style="list-style-type: none"> • All Adults must follow the Scottish Government Guidance of 2m distancing whilst attending the session. • Face coverings must be worn if social distancing is not achievable. 	Low	Coaches CLO Committee
Grounds	Athletes, Coaches & Volunteers	Medium	<ul style="list-style-type: none"> • The grounds must be checked for and debris, trip hazard or animal faeces before the session begins 	Low	Coach CLO
Toilets/ Changing Facilities	Athletes, Coaches & Volunteers	Medium	<ul style="list-style-type: none"> • The toilet facilities will not be available in the sports hall during the session 	Low	Coach CLO
Someone becomes unwell during the session	Athletes Coaches Volunteers	Low	<ul style="list-style-type: none"> • Isolate the individual, contact the parents, and use appropriate PPE. 	Low	Coach CLO
Club Wellbeing and Protection Officer (WPO)	Athletes Coaches Volunteers	Low	<ul style="list-style-type: none"> • The WPO must be aware of the training session, receive a copy of the risk assessment from a safeguarding 	Low	Committee WPO
Departure from the Training Ground	Athletes Coaches Volunteers	Medium	<ul style="list-style-type: none"> • All Athletes must sign out with the CLO before they leave the training ground and exit through the Lomond Sports Hall car park. Social distancing must be adhered to by adults during this time. 	Low	Coach CLO Committee

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