



# **Scotia Amateur Swimming Club**

(Affiliated to SASA)

**Present**

## **The 1<sup>st</sup> Annual Scotia Mini Meet**

(Under FINA Rules & Scottish Swimming Regulations)

**SASA Meet Licence –**

**On**

**Sunday 24th November 2019**

**At**

**The Leisuredrome**

**147 Balmuildy Road, Bishopbriggs, G63 3HD**

**Closing Date – Midnight Friday 25<sup>TH</sup> October**



**Scotia Amateur Swimming Club – Scotia Mini Meet**  
**Meet Information**

<b><u>Date</u></b>	Sunday 24 <sup>th</sup> November 2019
<b><u>Venue</u></b>	The Leisuredrome 147 Balmuildy Road Bishopbriggs G64 3HD Telephone No. 01417773060
<b><u>Pool</u></b>	6 lane, 25 metre pool, anti-turbulent lane ropes
<b><u>Meet Status</u></b>	Scottish Swimming Licence All swimmers must be registered with their governing body  Entries are invited for our annual Mini Meet aimed specifically at swimmers who may not have competed before.
<b><u>Session Times</u></b>	Session 1 – Warm Up 9.00am                      Start 10.00am Session 2 – Warm Up 1.30pm                      Start 2.30pm
<b><u>Age Groups</u></b>	<b>Ages on the day (24/11/2019)</b> Sunday morning              8 years & under, 9 - 10 years, 11 - 12 years Sunday afternoon              8 years & under, 9 - 10 years, 11 - 12 years
<b><u>Events</u></b>	All ages 50m all strokes, 100m IM, 100M Free Sunday Morning and Afternoon 6x50m Mixed relay, 2 swimmers from 8 and under and 2 swimmers from 9 – 10 and 2 swimmers from 11-12yrs.  <b>Relays – swimmers can swim up an age group in the relays only. All swimmers must have swum in the meet.</b>
<b><u>Heats/Finals</u></b>	All events Heat Declared Winners Heats will be swam based on times but split into age groups for medals. A ONE start rule and age group rules will apply in line with SASA accreditation procedures.



### Fees

£4.00 per individual event

£10.00 per relay team

There will be **no refund** of fees for times out with consideration time

There will be no refunds for any withdrawals received after the meet programme has been issued advising of accepted and scratched swims. Scotia ASC reserves the right to enter their own swimmers should any spaces become available after the programme has been issued.

No entries will be accepted without the correct fees paid on time (see below) or with the Entry Files incorrectly completed.

### Coach's Pass

Coach's Passes at a cost of £6 are available to cover lunch for the day. This must be paid for with the gala entry fee.

### Entry Files

The meet will be run using Hy-tek Meet Management. Entry files should be requested from [meetsecretary@scotiaasc.co.uk](mailto:meetsecretary@scotiaasc.co.uk). All entries must be made on the relevant electronic files and submitted by email to the address above. It should be requested at least **one week in advance** of the closing date (i.e. Friday 18th October 2019). Entries will be by computer files. Only official files are acceptable.

The closing date for receipt of entries is Friday 25<sup>th</sup> October 2019. The entries file should be emailed to [meetsecretary@scotiaasc.co.uk](mailto:meetsecretary@scotiaasc.co.uk)

### Entry Fees

The appropriate entry fees should be paid directly into the Scotia ASC bank account using Ref "Your club name /SASCMM19"

#### **BACS details as follows:**

Name: Scotia ASC  
Bank: Bank of Scotland  
Acc: 00791647  
Sort Code: 80-05-64

In the event that you are unable to pay electronically then please submit a cheque along with the summary sheet which must be sent to arrive **within 5 days of the closing date – i.e. Wednesday 30<sup>th</sup> October 2019**. All cheques should be made payable to Scotia ASC. They should be sent to:-

Mrs Ray Samson  
59 Kirkintilloch Road  
Bishopbriggs  
G64 2AE



- Medals & Awards** Medals will be presented to the top six in each age group and too fast prizes will be given to any “speedy” swimmers. (Swimmers who swim faster than a 5% tolerance allowance on the times will be eligible for too fast certificate). Relay team medals will be presented to the top three teams.
- Withdrawals** Any withdrawals must be notified to the withdrawals desk on the appropriate forms not later than **45 minutes** before the session starts (9.15am for morning and 1.45pm for afternoon).  
Scotia ASC reserves the right to enter their own swimmers should any spaces become available.
- Marshalling** Swimmers must marshal for their events 4 heats prior to their race, 10 minutes before the 1<sup>st</sup> event. The marshalling area is at the window side of the pool. Any swimmers who do not marshal will be deemed to have withdrawn. Reserves, who have marshalled, will be allocated the place of swimmers who have not marshalled for heats.
- Presentations** Swimmers should report for presentations to the marshalling area at the window side of the pool, in time for presentations in line with the presentation schedule. Presentations may be made during events to reduce session times.
- Starts** “Over the top starts” will be used in all heats apart from backstroke events.
- Diving** Please ensure that only swimmers who are competent to dive are allowed to dive. No diving is allowed at the shallow end of the pool. During warm ups, diving is only allowed from the deep end of the pool in sprint lanes designated as being “dive starts” and not “in the water” start lanes.
- First Aid** The pool staff are providing qualified First Aid cover
- Fire Alarms** In the case of fire alarms being activated please comply with the pool staff’s instructions.
- Lockers** A locker system operates in the changing rooms and swimmers are advised to use them. Please do not leave clothes in the changing areas or in unlocked lockers. The changing rooms are not supervised and are open to members of the public as well as those competing in the event. Lockers require £1 coin.
- Photography** No photographic equipment (e.g. camera, camcorder, iPad etc.) is to be allowed on poolside, in the spectator gallery or any other area



overlooking the pool without prior approval of the Meet Secretary or Chair of Scotia ASC. Applications to use photographic equipment must be made on the approved forms which will be available at the entrance desk of The Leisuredrome. Applicant must provide photographic proof of identity. No photographic equipment is allowed in the changing rooms, shower or toilet accommodation. All photos and video clips can only be uploaded to secure club websites and not into the public domain.

**Behaviour & Conduct** Please ensure all swimmers are reminded of the need to be courteous at all times, particularly to the marshals, and to remain quiet at the start of **every** race. Those swimmers who do not show such courtesy will be removed from all their remaining swims at the discretion of the Meet Secretary. Coaches and poolside helpers are asked to act as role models for the swimmers and engage with the swimmers; each other and the event organisers in a professional and courteous manner. We also ask that all swimmers and club representatives use the black bin bags provided for all rubbish and ensure that their seating area is clean and tidy before they leave at the end of their session.

**General Information** The Meet Secretary reserves the right to restrict entries in order to facilitate the smooth running of the meet. The Gala Convenor also reserves the right to alter the program and warm-up times if necessary. Anything not covered above or printed in the event program will be at the Meet Secretary's discretion.

Each club will receive a welcome pack prior to the start of Session 1.



**Scotia Amateur Swimming Club – Scotia Mini Meet**  
**Consideration Times**

**Swimmers entry times must be slower than the Consideration Times**

**N.B. Ages as on the day**

**Boys & Girls**

<b>Event</b>	<b>8 &amp; under</b>	<b>9-10 years</b>	<b>11-12 years</b>
50 Free	45:00	40:00	36:00
50 Fly	55:00	49:00	43:00
50 Back	53:00	46:00	42:00
50 Breast	57:00	52:00	45:00
100 IM	2:00.00	1:45.00	1:35.00
100 Free	1:48.00	1:40.00	1:34.00

**There will be a maximum of 5% tolerance allowance on the times**

**Closing Date – Friday 25<sup>th</sup> October 2019**

**No late entries will be considered**

Swimmers should only be entered for their own age group.

Entries will be accepted on a time basis. Clubs should ensure that entry times for their swimmers are accurate.

Clubs must ensure that their coaches, team staff and swimmers are aware of the regulations and dangers of entering the water with dive starts and must be aware of pool depth and all appropriate safety procedures.



**Scotia Amateur Swimming Club**  
**The 1<sup>st</sup> Scotia Mini Meet**  
**On**  
**Sunday 24th November 2019**  
**At**  
**The Leisuredrome**  
**Health & Safety Form**

In order to comply with accreditation and health and safety requirements, this form should be completed and returned along with the Entry Form prior to the start of the meet

- I confirm that all swimmers are current members of S.A.S.A. and have paid the appropriate membership fee
- I confirm that the regulations regarding the use of photographic equipment have been brought to the attention of all swimmers, parents and coaches who will be attending the competition
- I confirm that all swimmers have been trained and are competent to dive into the pool. Any swimmer unable to do so must start in the water and notify the referee beforehand

**Signed:** .....

**Print:** .....

**Position in Club:** .....

**Club:** .....

Please return this form with entries no later than Friday 25th October 2019



**Scotia Amateur Swimming Club – Scotia Mini Meet**  
**Sunday 24<sup>th</sup> November 2019**

**The Leisuredrome**

**Summary Sheet**  
**\*\*This form must be completed and returned with the payment (if payment not submitted electronically)\*\***

Club Name	
Contact	
Address	
Post Code	
Home Tel.No.	
Mobile Tel.No.	
e-mail	(important for distribution of information and updates pertaining to the meet)

.....	Male Entries	@£4.00	£.....
.....	Female Entries	@£4.00	£.....
.....	Relay Teams	@£6.00	£.....
.....	Coach's passes (for lunch)	@£6.00	£.....
	Total cheque enclosed		<u>£.....</u>

Please make cheques payable to Scotia Amateur Swimming Club

We request two officials per club per session. Please provide their details below:-

Official  
 1: \_\_\_\_\_ Role \_\_\_\_\_

Official  
 2: \_\_\_\_\_ Role \_\_\_\_\_





**Form to be returned to Meet Secretary:**

**Ray Samson  
59 Kirkintilloch Road  
Bishopbriggs  
G64 2AE**

**Or emailed to [meetsecretary@scotiaasc.co.uk](mailto:meetsecretary@scotiaasc.co.uk)**

**Entry Forms and fees to be returned by Friday 25<sup>th</sup> October 2019**



**Scotia Amateur Swimming Club – Scotia Mini Meet**  
**Sunday 24<sup>th</sup> November 2019**

**Programme of events**

**Morning – Session 1**

**Session 1 – 9.00am Warm Up for 10.00am Start**

EVENT			
101	GIRLS 12 & UNDER	100M	FREESTYLE
102	BOYS 12 & UNDER	50M	BUTTERFLY
103	GIRLS 12& UNDER	50M	BACKSTROKE
104	BOYS 12 & UNDER	100M	INDIVIDUAL MEDLEY
105	GIRLS 12 & UNDER	50M	BREASTSTROKE
106	BOYS 12 & UNDER	50M	FREESTYLE
107	MIXED 12 & UNDER	6 X 50M	FREESTYLE SQUANDRON RELAY

**Afternoon – Session 2**

**Session 2 – 1.30pm Warm Up for 2.30pm Start**

EVENT			
201	BOYS 12 & UNDER	100M	FREESTYLE
202	GIRLS 12 & UNDER	50M	BUTTERFLY
203	BOYS 12 & UNDER	50M	BACKSTROKE
204	GIRLS 12 & UNDER	100M	INDIVIDUAL MEDLEY
205	BOYS 12 & UNDER	50M	BREASTSTROKE
206	GIRLS 12 & UNDER	50M	FREESTYLE
207	MIXED 12 & UNDER	6 X 50M	FREESTYLE SQUANDRON RELAY

**Presentations will be made at the end of each session unless advised by Meet Secretary**

**Over the top starts will be used where possible**

**Relays – all swimmers must have swum in the meet Swimmers can swim up an age group.**