

Helensburgh Amateur Swimming Club
CONSTITUTION, BYE-LAWS AND REGULATIONS
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Regulations/Policies

The following Policies are available:-

Club Grievance Procedure
Wellbeing and Protection Policy - Officer Appointments and Terms of reference
Equal Opportunities Policy
Disciplinary Procedures
Coach's Code of Conduct
Swimmer & Parent Code of Conduct

CONSTITUTION

C1.0

NAME

C1.1 The Club shall be called Helensburgh Amateur Swimming Club.
(Hereinafter referred to as the Club)

C2.0

OBJECTS

C2.1 The objectives of the Club shall be to:-
a) Advance the public participation in Aquatic Sports, in accordance with paragraph C2.1 of the Scottish Amateur Swimming Association (SASA) Constitution.

C3.0

MEMBERSHIP

Membership of the club is open to the whole community without discrimination.

- C3.1 The membership shall consist of the following categories:-
a) Adult Member
An Adult is an individual 16 years and over, as recognised in Scots Law.
b) Junior Member
A Junior is an individual not recognised in Scots Law as an adult and not as defined in Scottish Swimming Company Rule R4.5.6.
c) Life Member
d) Associate Member
- C3.2 Membership fees shall be as agreed at each Annual General Meeting.
- C3.2.1 The Membership fees of existing members (agreed at the AGM) shall become due on 1 August in each year and those of new members on the date of acceptance for membership. In order to assist members, payments may be made in a phased manner as determined by the Management Committee.
- C3.2.2 Members not renewing by 31 October will be deemed to be non-members and will be notified in writing or by e-mail accordingly.
- C3.2.3 All members may be excluded from taking part in any of the Club's activities, competitions or meetings unless their annual subscription payments are up to date.
- C3.3 All Club Members must be registered with the SASA in accordance with the categories defined in SASA Constitution C3.3.3.
- C3.4 All members joining the Club shall be deemed to accept the terms of this Constitution, the Club Bye-Laws and any Regulations adopted by the Club.
- C3.5 A member wishing to resign from the Club shall inform the Secretary in writing.
- C3.6 A Club member wishing to change their 1st or 2nd Claim Club must do so in accordance with Scottish Swimming Company Rule R5.2.
- C3.7 The Management Committee shall have the power to turn down an application for membership, provided they act in accordance with paragraph C3.7.1.
- C3.7.1 When an application for membership is turned down by the Management Committee, the applicant must be advised of the reason and their right of appeal to Scottish Swimming, in writing.

C4.0 GOVERNANCE

- C4.1 The Club shall be subject to and bound by, the Scottish Swimming Governance Documentation (SASA Constitution, Company Articles and Company Rules) and the appropriate SASA District Rules.
- C4.2 The Club shall comply with the Scottish Swimming Codes of Conduct, Ethics and Wellbeing and Protection Guidelines.
- C4.3 The Club shall be governed by its Constitution, Bye-Laws and Regulations.
- C4.4 Amendments to the Constitution shall only be made at a General Meeting, provided at least a two thirds majority of those present and voting is secured.
- C4.5 Amendments to the Bye-Laws shall only be made at a General Meeting provided a simple majority of those present and voting is secured.
- C4.6 The Management Committee shall have the power to publish and enforce such Regulations as the Committee feels necessary to govern the activities of the Club.

C5.0 MEETINGS

C5.1 General

- C5.1.1 Notices
At least 30 days notice and the Agenda shall be given to all Adult and Life Members of any General Meeting
- C5.1.2 Attendance
All Adult Members and Life Members are entitled to attend, take part and vote unless specifically excluded from doing so by the Club's Constitution.
- C5.1.3 Voting
 - a) With the exception of changes to the Constitution, decisions put to a vote shall be resolved by simple majority at General Meetings.
 - b) Voting shall be by a show of hands unless decided otherwise by a majority of those attending the meeting.
- C5.1.4 Quora
The quorum at General Meetings shall be two Officers of the Club plus seven members eligible to vote.
- C5.1.5 Changes to the Constitution and Bye-Laws
 - a) A proposal to change the Constitution or Bye-Laws must be submitted in writing to the Secretary, signed by two members eligible to vote at a General Meeting.
- C5.1.6 Conduct of Business
The conduct of business shall be in accordance with Bye-laws Section BL2.1.

C5.2 Annual General Meeting (AGM)

- C5.2.1 The Club will endeavour to hold an AGM in the month of June but will do so no later than 5 months following the end of the financial year.
- C5.2.2 The Secretary shall give notice not less than 30 days prior to the date of the AGM to all Adult and Life Members The format of this notice shall be agreed by the Management Committee.
- C5.2.3 Appended to the notice of intimation of an AGM shall be the Agenda, minutes of the last AGM and a note of the process governing alteration to the Constitution, Bye-Laws and nomination for the Management Committee.
- C5.2.4 Nominations for Officers of the Club and other members of the Management Committee shall be submitted in writing, signed by two Adult Members or Life Members and the nominee, to the Secretary no later than 30 days before the AGM.

- C5.2.5 Proposed alterations to the Constitution and Bye-Laws and notices of motion must be received by the Secretary not later than 30 days before the AGM.
- C5.2.6 The Secretary shall arrange for all nominations and proposed alterations to be circulated at least seven days before the meeting. The format of the circulation shall be agreed by the Management Committee.
- C5.2.7 The business for an AGM shall include:
 - a) Presidents Remarks
 - b) Apologies for Absence
 - c) Approval of minutes from previous AGM & matters arising.
 - d) Secretary Report
 - e) Financial Report
 - f) Head Coach Report
 - g) Proposed changes to Constitution
 - h) Proposed changes to Bye-Laws
 - i) Notices of Motion
 - j) Appointment of President & Vice President
 - k) Election of Management Committee Members
 - l) Appointment of Independent Examiners
 - m) Life Membership Awards
 - n) Other relevant business
- C5.3 Extraordinary General Meeting (EGM)
 - C5.3.1 An Extraordinary General Meeting shall be called by an application in writing to the Secretary supported by at least fifteen Adult Members of the Club. The Management Committee shall also have the power to call an EGM by decision of a simple majority of its members.
 - C5.3.2 The Secretary will give notice, in writing of all EGMs, stating the Agenda, to all Adult and Life Members at least 30 days prior to such meetings being held.
 - C5.3.3 The order of Business for an EGM shall be:
 - a) President's Remarks
 - b) Apologies for Absence.
 - c) Business to be transacted of which due notice has been given.
 - C5.3.4 No business shall be transacted at the EGM other than business of which due notice has been given.

C6.0 AWARDS

C6.1 Life Membership

C6.1.1 Life membership may be presented to person(s) who have given outstanding service, over many years, to the Club and shall be presented at the Annual General Meeting or at any other time decreed suitable by the Management Committee.

C6.1.2 A recommendation for Life Membership may be made by any Adult or Life Member to the Secretary for submission to the Management Committee.
Full details of the nominee's service should be included with the recommendation.

C7.0 TROPHIES

C7.1 All trophies belong to the Club in perpetuity and cannot be won outright.

C7.2 The Club Treasurer shall act as Trustee of Club Trophies.

C7.3 The winner of a Club trophy shall guarantee safe custody and return of the trophy when requested by the Management Committee.

C7.4 The Club shall be responsible for arranging and funding the engraving of the winners name on all Club trophies.

C8.0 DISSOLUTION

C8.1 In the event of the dissolution of the Club, any funds, property and other assets shall not be distributed amongst the members of the Club in any way whatsoever, but shall be given to the Sport's Governing body for use by them in community related sports.

BYE-LAWS

BL1.0 MANAGEMENT

- BL1.1 The affairs of the Club shall be conducted by a Management Committee which shall consist of the Officers of the Club plus a minimum of four other Adult Committee Members and ex-officio members set out in Bye-Law BL1.5.1
Adult Committee Members can be Adult or Life Members of the club.
- BL1.2 The Officers of the Club, who shall be Honorary, shall consist of a President, Vice-President, Treasurer and Secretary who shall be elected at an AGM, as shall be the said Adult Members.
- BL1.3 If the post of any Officer or Adult committee member should fall vacant after such an election, the Management Committee shall have the power to fill the vacancy.
- BL1.4 All Management Committee members shall be Adult or Life Members of the Club.
- BL1.5 Management Committee
 - BL1.5.1 The Management Committee shall comprise the Officers of the Club (as defined in paragraph BL1.2), and a minimum of four other Adult members. The Head Coach, Club Boy Captain and Club Girls Captain will be ex-officio members.
 - BL1.5.2 The term of office for President, Vice President, Secretary and Treasurer shall be two years
 - BL1.5.3 The term of office for the Adult Committee Members shall be two years.
 - BL1.5.4 The Secretary and Gala Conveynor shall be elected for a term of two years.
 - BL1.5.5 Retiring members of the Management Committee may offer themselves for re-election.
 - BL1.5.6 The Club Boy Captain and Club Girl Captain shall be appointed for one year.
 - BL1.5.7 Management Committee members co-opted by the committee shall be subject to endorsement at the first EGM or AGM thereafter.
 - BL1.5.8 The Management Committee shall be responsible for:
 - a) Running the day to day management and affairs of the club
 - b) The organisation and control of all members during Club hours.
 - c) The annual appointment of coaches and instructors.
 - d) The selection of members to represent the Club.
 - e) The handicapping of Club events as necessary.
 - f) The organisation of swimming activities as may be requested by other bodies.
 - g) Appointing the Boy and Girl Captains in JUNE each year.
 - g) Considering and approving or otherwise nominations for Life Membership of the Club.
 - BL1.5.9 The Management Committee shall appoint such sub-committees as may be considered necessary.
 - BL1.5.10 The Management Committee shall appoint at least one Wellbeing and Protection Officer (WPO) who has attended a Scottish Swimming approved training course.

BL2.0 MEETINGS

BL2.1 Standing Orders

- BL2.1.1 At all meetings, if a quorum is present, the Chair shall be taken not later than fifteen minutes after the appointed time of the meeting.
- BL2.1.2 All Members when called to order at any meeting or gathering of the Club and not complying to the “rule of order” may be expelled from the meeting.
- BL2.1.3 The Chair at all meetings of the Club shall be the President
In the absence of the President, the Vice President shall substitute.
In the absence of the President and Vice President, those in attendance shall appoint a substitute.
- BL2.1.4 In the event of equality of votes in any resolution before the meeting which requires a choice to be made for the continued good governance of the Club, the Chair of a meeting shall have a second or casting vote.
- BL2.1.5 The Chair of a meeting shall be the sole judge of questions of order and interpreter of the “rules” governing the Club.
- BL2.1.6 The Chair shall not speak to, oppose or move any motion from the Chair. In order to do so, they shall vacate the Chair until that business is concluded. The meeting shall be presided over by a substitute Chair elected from among those present.
- BL2.1.7 The minutes of all meetings will be circulated to Adult and Life Members.

BL2.2 Management Committee Meetings

- BL2.2.1 The club shall hold Management Committee Meetings no less frequently than every three months.
- BL2.2.2 A Management Committee Meeting shall be called by the Secretary when there is business to transact or on request of an Officer of the Club or by an application in writing by at least seven Adult Life Members of the Club.
- BL2.2.3 A quorum for Management Committee Meetings shall be at least one Officer of the Club and three Committee members.
- BL2.2.4 The business of the meeting shall be enacted in accordance with Section BL2.1.
- BL2.2.5 The Secretary will give Notice of the date, time and venue of each committee meeting shall at least 7(seven) days prior to the meeting. The format of the notice shall be agreed by the Management Committee.
- BL2.2.6 Adult or Life Members who are not members of the Committee, may attend, but may only participate with the agreement of the Chair.
- BL2.2.7 All, except ex-officio members shall have a deliberative vote.
- BL2.2.8 No decision of the Committee may be altered or revoked without 14 (fourteen) days prior notice of intent, in writing, being given to the Secretary.

BL3.0 FINANCE & ACCOUNTS

- BL3.1 The financial year shall end on 30th April each year.
- BL3.2 The Treasurer shall be responsible for the preparation of Annual Accounts of the Club.
- BL3.3 The Accounts shall be examined by an independent person(s) elected annually at the AGM.
- BL3.4 All invoices / expenses received by the club should be approved by an Officer of the Club during the payment process. All cheques drawn against the Club's funds shall be signed by a minimum of two Officers of the Club. When payments are required to be made by direct Bank transfer the Treasurer shall process invoices/expenses online for approval by the President or another authorised Officer of the Club who shall complete the electronic bank transfer payment process.
- BL3.5 The Management committee can enter into contracts and/or partnerships, on behalf of the Club, provided each proposal is fully discussed at and recorded in the minutes of a quorate committee meeting prior to the commitment being made.
- BL3.6 All adult members who are Adult Committee Members of the Club shall be jointly responsible for the financial liabilities of the Club
- BL3.7 Any surplus of the Club's income will be re-invested in the Club and not distributed to its members.
- BL3.8 The Treasurer shall arrange for the Independent Examiner(s) to examine and certify the accounts before presentation of a certified summary to the AGM.
- BL3.9 The Treasurer shall submit a budget, to the last meeting of the Management Committee prior to the AGM, for the following financial year.
- BL3.10 The Treasurer shall submit a financial statement to the Management Committee no less frequently than every 3 (three) calendar months.
- BL3.11 All outgoing payments shall be made by cheque, or direct bank transfer duly authorised in accordance with paragraph BL3.4.

BL4.0 DISCIPLINE

- BL4.0.1 All Grievances, Complaints and Appeals, except for doping, wellbeing or protection, or alleged criminal offences, shall be dealt with in accordance with Sections BL4.2, BL4.3 and BL4.4.
- BL4.0.2 Grievances and Complaints involving doping should be referred to British Swimming as Per Scottish Swimming Company Rule R13.1.3.
- BL4.0.3 Grievances and Complaints involving, wellbeing or protection, or other criminal offences shall be referred to Scottish Swimming within 48 hours, in accordance with Scottish Swimming Company Rule R13.2.1.

BL4.1 Suspension and Fines

- BL4.1.1 The Management Committee may take action (e.g. fine, suspend or cancel membership) against any Club Member proved guilty of conduct or breach of the Constitution, Bye-laws, Regulations which is detrimental to the interests or aims of the Club or for acting in such a manner as to bring disrepute to the Club. Such action shall only be taken if the principles and procedures embodied in the Complaints, Appeals and Suspension & Fines sections of the Scottish Swimming Governance Documentation (Sections R12 to R15) have been applied.

BL4.2 Grievances

- BL4.2.1 A Grievance, which is a formal expression of dissatisfaction or allegation of unfair practice in connection with the management of the Club, can be made by:
 - a) Any member of the Club
 - b) A parent or guardian on behalf of a Junior member as defined in paragraph C3.1(b)
 - c) A parent or guardian on behalf of a Member classified as a Vulnerable Person, defined as a person who lacks sufficient capacity to present a grievance by themselves.
 - d) Any Individual.
- BL4.2.2 A grievance is made in writing to the Club Secretary, not later than 30(thirty) days after the incident.
- BL4.2.3 An Enquiry Panel will be set up by the club to consider the grievance in accordance with the Club Regulations.
- BL4.2.4 If the decisions of the Enquiry Panel do not satisfy the person who made the grievance, that person shall have a right of appeal to Scottish Swimming in accordance with Section BL4.4.

BL4.3 Complaints

- BL4.3.1 A complaint is a formal expression of dissatisfaction or allegation of unfair practice in connection with aquatic sports as governed by Scottish Swimming.
- BL4.3.2 A complaint must be made in accordance with Scottish Swimming Company Rules, Sections R12 to R15.

BL4.4 Appeals

- BL4.4.1 An appeal may be made against decisions taken by the Club in respect to the outcome of a submitted grievance or against decisions taken by a National Complaints Committee.
- BL4.4.2 An appeal must be made in accordance with Scottish Swimming Company Rules Sections R12 to R15.

Elizabeth Brown
Officer of the Club
18th May 2019

Nicola McMahon
Officer of the Club