

WEST DISTRICT 2019 SHORT COURSE SPRINT & RELAY CHAMPIONSHIP

Dates and Venue

7th/8th September

Tollcross ISC - Glasgow

Session Times

Warm Up: 8:30am and 1:00pm each day.

Sessions: 9:30am and 2:00pm each day.

Age Groups

Individual Events: 11/12Yrs, 13/14Yrs, 15/16Yrs, 17/OYrs

Relay Events: 11/12Yrs, 13-15Yrs, 16/OYrs

The Age Groups for Relays have been selected to provide experience and preparation for the 2020 Scottish Age Group Championships.

Eligibility

This Championship is open to registered swimmers who are members of clubs affiliated to the S.A.S.A. or their National Association.

There is a Consideration Time for each individual event.

Entry to the Championship will be in accordance with the District Rules.

Competitors age will be their age on 31st Dec 2019

Entries

Entries for this Meet require to be generated on the Hy-Tek Swim Manager, Team Manager 4/5/6/7/8 or Lite programme. Hy-Tek Team Manager Lite is available via the internet at www.hy-tek ltd.com/downloads.html

For administration purposes, an Information Form must be submitted with the cheque.

**Please note the for the 16/O yrs age group,
the Freestyle and Medley Relays are
MIXED (2 x boys, 2 x girls)**

For further assistance contact: John Deans (07913 059666) & entries@scotswimwest.co.uk

DO NOT SEND ENTRIES BY "Recorded"/"Registered"/"Signed For" DELIVERY

Entry Fees

Individual Events £8.00 each Event (Cheques payable to SASA **Western** District,
Relay Events Nil each Event BACS available as per Entry Form)

Closing Dates

Entries must be received by the following date:

**** **Sunday 11th August** ****

Submitted Times

To be 25 metre times, conversions can be used, and need not be accredited.
Times must have been swum on or after **1st August 2018**.

Team Entries

There are no consideration or qualifying times for Relays. **Clubs should submit a time based on the individual times of the team members. This will be used for seeding purposes and must be capable of verification.** If it is necessary to restrict the number of relay entries, this will be done on the basis of entry time.

Fines

Under District Rules there is a standard £2.00 Fine for any individual competitor who has recorded a time, slower than 1 second, for each 100 metre (or part of 100 metre) outside the Consideration Time.

Technical Officials

District clubs entering swimmers in any District Swimming Championships/Meets must provide Swimming Technical Officials for each session of the Championships/Meets in accordance with agreed criteria.

Full details are shown the attached revised Appendix 1.

Minimum Age

The minimum age for entries is 11 yrs on 31st December 2019.

Awards

Medals will be awarded for 1st, 2nd and 3rd in Individual & Relay Events.

(Swimmers must achieve the Consideration Times to be eligible for an award.)

Presentations

There will be no formal Presentations of Medals during the Meet.

Announcements will be made of the successful swimmers in each race and medals/medallions will be available for collection during each Session.

Heats and Finals

All Individual Events will have Heats and Finals.

Relay Events will be Heat Declared Winner.

WEST DISTRICT 2019 SPRINT & RELAY CHAMPIONSHIP

Consideration Time

101	11/12	G	50m Freestyle	Heats	00.40.00
102	11/12	B	50m Freestyle	Heats	00.50.00
103	13/14	G	50m Breaststroke	Heats	00.45.00
104	13/14	B	50m Breaststroke	Heats	00.54.50
105	15/16	G	50m Butterfly	Heats	00.57.00
106	15/16	B	50m Butterfly	Heats	00.57.00
107	17&O	G	50m Backstroke	Heats	00.55.00
108	17&O	B	50m Backstroke	Heats	00.55.00
109	11/12	G	100m Ind.Medley	Heats	01.40.00
110	15/16	B	100m Ind.Medley	Heats	01.50.00
121	11/12	B	4x50m Medley Relay	HDW	
122	13/15	G	4x50m Freestroke Relay	HDW	
123	16&O	M	4x50m Medley Relay	HDW	
201	11/12	G	50m Backstroke	Heats	00.45.50
202	11/12	B	50m Backstroke	Heats	00.55.00
203	13/14	G	50m Freestyle	Heats	00.33.10
204	13/14	B	50m Freestyle	Heats	00.35.50
205	15/16	G	50m Breaststroke	Heats	00.57.00
206	15/16	B	50m Breaststroke	Heats	00.57.00
207	17&O	G	50m Butterfly	Heats	00.57.00
208	17&O	B	50m Butterfly	Heats	00.57.00
209	13/14	G	100m Ind Medley	Heats	01.28.00
210	17&O	B	100m Ind Medley	Heats	01.50.00
221	11/12	G	4x50m Freestroke Relay	HDW	
222	13/15	B	4x50m Medley Relay	HDW	
301	11/12	G	50m Butterfly	Heats	00.49.40
302	11/12	B	50m Butterfly	Heats	01.05.00
303	13/14	G	50m Backstroke	Heats	00.40.50
304	13/14	B	50m Backstroke	Heats	00.55.00
305	15/16	G	50m Freestyle	Heats	00.45.00
306	15/16	B	50m Freestyle	Heats	00.45.00
307	17&O	G	50m Breaststroke	Heats	00.50.00
308	17&O	B	50m Breaststroke	Heats	00.50.00
309	11/12	B	100m Ind.Medley	Heats	02.05.00
310	15/16	G	100m Ind.Medley	Heats	02.05.00
321	11/12	G	4x50m Medley Relay	HDW	
322	13/15	B	4x50m Freestroke Relay	HDW	
401	11/12	G	50m Breaststroke	Heats	00.52.50
402	11/12	B	50m Breaststroke	Heats	01.05.00
403	13/14	G	50m Butterfly	Heats	00.39.20
404	13/14	B	50m Butterfly	Heats	00.55.00
405	15/16	G	50m Backstroke	Heats	00.57.00
406	15/16	B	50m Backstroke	Heats	00.57.00
407	17&O	G	50m Freestyle	Heats	00.57.00
408	17&O	B	50m Freestyle	Heats	00.57.00
409	13/14	B	100m Ind.Medley	Heats	01.45.00
410	17&O	G	100m Ind.Medley	Heats	01.45.00
421	11/12	B	4x50m Freestroke Relay	HDW	
422	13/15	G	4x50m Med Relay	HDW	
423	16&O	M	4x50m Freestroke Relay	HDW	

Events 123 and 423 are Mixed (2 x boys, 2 x girls)

Multi-Classification (MC)

These supplementary conditions apply in conjunction with the general conditions for the West District Sprints & Relays Championship.

The following events will be included in the heats where a swimmer meets the eligibility criteria and consideration standards for their classification:

- 50m Freestyle – S1-S14
- 50m Backstroke – S1-S5
- 50m Butterfly – S1-S7
- 50m Breaststroke – SB1-SB3

Eligibility

Functional (S1-S10, SB1-SB9, SM1-SM10)

• All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Visual (S11-S13, SB11-SB13, SM11-SM13)

• All competitors must have an authorised British Blind Sport, IBSA or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Learning (S14, SB14, SM14)

• All competitors must have an authorised UKSA, INAS-FID or IPC classification which is held on the British Swimming or IPC Swimming database at the time of entry.

General

Consideration times must have been achieved since 1st August 2018 and may be achieved in either long or short course events. All swimmers qualifying will be integrated into the heats seeded by absolute time. The competition shall take place under the relevant IPC Swimming Rules.

Consideration times are detailed in the table below:

MC CONSIDERATION TIMES

<u>50m FREE</u>	<u>Girls</u>	<u>Boys</u>	<u>50m FLY</u>	<u>Girls</u>	<u>Boys</u>
S1	02:22.99	02:33.08	S1	05:00.00	05:00.00
S2	02:38.47	01:41.51	S2	03:57.64	04:05.00
S3	01:17.84	01:13.93	S3	01:59.07	02:23.11
S4	01:07.69	01:08.68	S4	01:43.00	01:18.22
S5	01:05.11	00:55.83	S5	01:19.36	01:03.38
S6	00:57.95	00:52.00	S6	01:02.53	00:55.71
S7	00:58.50	00:48.43	S7	01:02.56	00:51.61
S8	00:52.31	00:46.34			
S9	00:50.29	00:44.47			
S10	00:47.65	00:40.43			
S11	00:52.80	00:45.92			
S12	00:49.44	00:40.90			
S13	00:47.12	00:40.44			
S14	00:48.52	00:43.18			
<u>50m BACK</u>	<u>Girls</u>	<u>Boys</u>	<u>50m BREAST</u>	<u>Girls</u>	<u>Boys</u>
S1	03:51.05	02:04.20	SB1	03:50.89	03:06.32
S2	02:14.74	01:32.12	SB2	02:21.58	01:39.01
S3	01:35.37	01:22.14	SB3	01:37.95	01:24.95
S4	01:28.57	01:17.28			
S5	01:17.66	01:01.49			

West District Sprints & Relay Championship

Tollcross ISC - Glasgow: 7th/8th September 2019

Summary Entry Form

**** This form must be completed and returned with any entries. ****

Club Name:

Contact Name:

Address:

Post Code:

Telephone:

Email:

Total Female Entries: @ £8.00 each: = £.....

Total Male Entries: @ £8.00 each: = £.....

Total Relay Entries: @ £0.00 each: = £.....

Coaches Meals: @ £10.00 each/Sat: = £.....

Coaches Meals: @ £10.00 each/Sun: = £.....

Total Amount Enclosed: = £.....

Signed:

Position in club:

Cheques payable to: **S.A.S.A. Western District**

BACS Transfer: **Bank: Bank of Scotland**
 Account No: 00827834
 Sort Code: 80-06-64
 Identify As: 19SRC-ClubCode
 e.g. 19SRC-WAMX

Submit proof of transfer with this form

Return this form along with entries **no later than 10.00pm Sun 11th August 2019** to:

**John Deans
9 Tynron Court
Hamilton
ML3 8XD**

Email: entries@scotswimwest.co.uk

Appendix 1

No of Swimmers per Session	STOs Required by Club at District Championship/Meet
1 to 4	1 x Timekeeper or above
5 to 9	2 x TOs as follows: 1 x J1 or above Balance can be TKs
10 to 14	3 x TOs as follows: 1 x J1 or above 1 x J2 or above Balance can be TKs
15 to 19	4 x TOs as follows: 1 x J1 or above 1 x J2 or above Balance can be TKs
20+	5 x TOs as follows: 1 x J1 or above 1 x J2 or above 1 x J2S or above Balance can be TKs
For further information, please contact STO Convenor, Jean King stoconvenor@scotswimwest.co.uk	