## **Individual Meet Results**

Scottish National Short Course Open Swimming 07-Dec-18 to 09-Dec-18 [Ageup: 31/12/2018] SC Meters Sanction: L1/588/SS/DEC18 Location: Roval Commonwealth Pool Helensburgh A.S.C. [WHHX] Coach: Karena Caskie Converted Times Used For Calculating Improvement

| Time                     | F/P/S  | Event         | Place | Points | Improv |
|--------------------------|--------|---------------|-------|--------|--------|
| Alexander Johnson (16) M |        |               |       |        |        |
| 1:01.47S                 | P #105 | Male 100 Fly  | 76    |        | 1.47   |
| 4:16.67S                 | P #109 | Male 400 Free | 64    |        | 0.18   |
| 1:01.47S                 | P #125 | Male 100 Fly  | 42    |        | 1.47   |
| 4:16.67S                 | P #129 | Male 400 Free | 25    |        | 0.18   |