

invite entries to their  
**Christmas Sprints 2017**

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**General Meet Information**

- Date: Saturday 16<sup>th</sup> December 2017
- Venue: Tryst Sports Centre, Cumbernauld
- Pool: 6 Lane 25 metre; swim down pool; full electronic timing with 6 lane alphanumeric scoreboard; anti-wave lane ropes; spectator area; cafeteria.
- Timings: Warm Up 09.00 and 13.30  
Start 10.00 and 14.30
- Ages: As on last day of meet (16/12/17)
- Age Groups: 8/9yrs, 10yrs, 11yrs, 12yrs, 13yrs & 14yrs
- Events: 50m All strokes 8/9, 10yrs, 11yrs, & 12yrs  
100m All Strokes 13yrs & 14yrs  
6x50m Freestyle Relay Boys and Girls ( 1 from each Age Group)

**All Events HDW**

- Entry Fees: £5.00 per individual event / £10 per relay entry
- Coaches Passes: £8 per day (Inc. Programme, Results and Meal)
- Awards: All Ages – First 6 places  
Top Boy & Top Girl
- Officials: Clubs are invited to supply Technical Officials to assist with the smooth running of the meet.

Closing Date for Entries: **Midday Saturday 18<sup>th</sup> November 2017**

Entries by Hy-tek File submitted to:

Ronnie Girvan  
14 Ronaldsay Place  
Ravenswood, Cumbernauld  
G67 1NP  
Tel: 01236 612269  
E-mail: [rgsw12257@blueyonder.co.uk](mailto:rgsw12257@blueyonder.co.uk)